



Your EAP benefits, **plus mental health care navigation**

Spring Health, your Employee Assistance Plan (EAP) service provider, offers mental health care navigation that can help connect you with providers that meet your needs in **as little as three days**, along with additional services to support your mental well-being.



Find out more by visiting pensions.org/eap.



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If there is any difference between the information presented here and the provisions of the Benefits Plan of the Presbyterian Church (U.S.A.), the plan terms will govern.



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